



The British Society for  
Restorative Dentistry

# Restorative Medicine

The Latest Information on the Impact of Systemic Disease on Planning,  
Treatment and Outcomes in Restorative Dentistry.

**Friday 24<sup>th</sup> October 2025**



Royal Society of Medicine, 1 Wimpole Street, London W1G 0AE  
[www.bsrd.org.uk](http://www.bsrd.org.uk)

# Restorative Medicine

The Latest Information on the Impact of Systemic Disease on Planning, Treatment and Outcomes in Restorative Dentistry.



Dear colleagues and friends

I would like to extend a warm invitation to join us at the Autumn Scientific Meeting of the British Society for Restorative Dentistry Restorative Medicine. The conference will be held at the Royal Society of Medicine, 1 Wimpole Street on Friday, 24th October 2025.

I very much look forward to welcoming you to join this incredible opportunity to learn and share amongst some of the most eminent and inspiring members of our profession.

Our agenda features evidence-base expert advice to better understand the latest information on the impact of Systematic Disease on the Panning and Outcomes in Restorative Dentistry. These talks will inspire many stimulating conversations during this event. We are looking forward to strengthening and fostering connections amongst colleagues and friends from across our specialty of Restorative Dentistry.

I look forward to seeing you in London!

Kind Regards,

Prof Christopher Tredwin, BSRD President 2025-2026

## Friday 24th October 2025

TIME	Restorative Medicine	Speaker
8.30am – 9.15am	REGISTRATION	
9.15am - 9.30am	WELCOME	Professor Christopher Tredwin
9.30am – 10.15am	The role of systemic diseases on endodontic disease pathogenesis	Professor Ashraf Fouad
10.15am – 11.15am	Death by co-morbidity: does periodontitis play a role?	Professor Iain Chapple
11.15am – 11.45am	COFFEE BREAK & TRADE EXHIBITION	
11.45am – 12.30pm	Impact of systemic chronic diseases in implant dentistry and bone reconstructive procedures	Professor Nikos Donos
12.30pm – 1.00pm	Gary pollock and undergraduate prize presentations	
1.00pm – 2.00pm	LUNCH, TRADE EXHIBITION	
2.00pm – 3.00pm	The role of systemic diseases on endodontic treatment outcomes	Professor Ashraf Fouad
3.00pm – 3.45pm	The oral microbiome: can restoring oral health improve systemic health?	Dr Zoe Brookes
3.45pm – 4.15pm	COFFEE BREAK & TRADE EXHIBITION	
4.15pm – 5.00 pm	Case Discussion Chair: Christopher Tredwin Panel: Ashraf Fouad, Iain Chapple, Zoe Brookes	
5.00pm – 5.15pm	Announcement of the Gary Pollock and the undergraduate prize & W&H Prize, thanks & future notices	
5.15pm – 7.30pm	Drinks reception	

# Speakers



## **Zoë Brookes (BSc (Hons), BDS, MJDF (RCS Eng), PCHE, SFHEA, PhD)**

Zoe is an Associate Professor of Dental Education and Research and Associate Head of School for Teaching and Learning at Peninsula Dental School (PDS), University of Plymouth, leading on curriculum delivery and assessment. PDS was ranked number 1 in the Guardian League tables in 2024 and 2025 under her leadership. She is also as a General Dentist at Peninsula Dental Social Enterprise delivering community-based dental care, with PDS receiving the Times Education Award for outstanding contribution to the community in 2023. She leads the Oral Microbiome Research Group at the University of Plymouth, which publishes on the links between oral microbes and systemic health. She set up one of the one of the first primary care teams, involving the Chief Dental Office, measuring blood pressure at the dentist. She led the FDI international task team for the the use of mouthwashes in oral care, and her publications include over 50 manuscripts and over 100 abstracts, with her mouthwash articles frequently ranking as the most cited. Zoë was recently elected Treasurer for the British Society of Dental Research, and Chair of Admissions for Dental Schools Council.



## **Professor Iain L. C. Chapple BDS, FDSRCPS (Glas), FDSRCS (Edin) Ph.D. CCST (Rest Dent)**

Iain Chapple is former Director of Research, Institute of Clinical Sciences (2016-2022), Dean of the Dental School (2016-2020) at Birmingham University UK. He has published 15-textbooks, 44-chapters and >310 papers. Iain was awarded: The Royal College of Surgeons Tomes medal (2011); International Association Dental Research Distinguished Scientist (2018); European Federation of Periodontology Eminence Award (2022) and MBE in the 2022 Queens New Year's Honour's. He leads a regional periodontal service (referral base 6 million) and a national oral care service for adults with Epidermolysis Bullosa. He has a strong interest in mechanisms underpinning periodontal-systemic disease links and in immune-microbial interaction.



# Speakers



## **Professor Nikos Donos DDS, MS, FHEA, FDS RCSEng, FDS RCSEd (ad hom), PhD**

Nikos Donos is the Director of Research, Professor & Chair of Periodontology and Implant Dentistry, at the Centre for Oral Clinical Research (COCR), Institute of Dentistry, Queen Mary University of London (QMUL).

In 2024, Prof. Donos was awarded the prestigious International Association for Dental Research (IADR) Distinguished Scientist in Periodontal Disease Award and the European Federation of Periodontology (EFP) Distinguished Scientist Award. In 2011, he was presented with the IADR- Periodontology Group award in Periodontal Regenerative Medicine and in 2019 the American Academy of Periodontology (AAP) Clinical Research Award for his contribution as co-author. In 2004, Professor Donos was awarded the European Association of Osseointegration (EAO)- Basic Science Research Award.

In 2009, Prof. Donos has been presented with the title of Honorary Professor at the Faculty of Dentistry in Hong Kong, in 2012 the title of Adjunct Professor at the Dental School-Griffith University in Australia, in 2015 the title of Honorary Professor at UCL-Eastman Dental Institute and in 2019 the title of Honorary Professor, School of Dentistry, University of Queensland, Australia.

Prof. Donos has published more than 275 peer reviewed publications, is the editor of 5 textbooks and author/co-author of 15 book chapters in the field of Periodontology and Implant Dentistry.

Prof Donos has significant clinical experience in providing advanced treatment modalities to patients suffering from severe periodontal disease, peri-implantitis and in relation to implant dentistry.



## **Ashraf F. Fouad, DDS, MS**

Dr. Fouad obtained his DDS, Certificate of Endodontics and MS at the University of Iowa.

He served on the faculty and in various administrative roles at University of Connecticut, the University of Maryland, and the University of North Carolina at Chapel Hill. He is currently Professor and Chair, Department of Endodontics, Director, Advanced Endodontics Program, and Interim Director, Health Information and Business Systems (HIBS) at the University of Alabama at Birmingham.

Dr. Fouad has published over 115 peer-reviewed manuscripts, 62 editorials and invited manuscripts, 25 textbook chapters and over 150 abstracts. He edited and co-authored several editions of the textbooks: Endodontic Microbiology, and Endodontics: Principles and Practice. He served as Associate editor of the Journal of Endodontics, and is currently Associate editor of Dental Traumatology and the Endodontics Section of Frontiers of Dental Medicine. He is a Diplomate and Past President of the American Board of Endodontics. He received the Distinguished Scientist Award from the Pulp Biology and Regeneration Group of the International Association of Dental Research in 2017, the AAE President's Award in 2022, and the International Grossman's Award in 2023.



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# Registration

The easiest way to register is on our secure website [bsrd.org.uk](https://bsrd.org.uk). If you prefer to register by post, please send this form to James Smith, Administrative Secretary, The British Society for Restorative Dentistry, 96 Kings Avenue, Woodford Green, London IG8 0JG.

Title		First name		Surname	
Address					
Town				County	
Postcode			Daytime telephone number		
Mobile phone number				Email address	
GDC Number					

Registration fee categories (please tick)	Early Bird (Registrations received before 01/09/25 at 23:59)	Standard (Registrations received after 02/09/25)
<b>Member Dentist Rate (BSRD and RDUK Members)</b>	£275 <input type="checkbox"/>	£320 <input type="checkbox"/>
<b>Member Concessionary Rate</b> (StR, DCT, DFT, Full-time postgraduate students and DCPs)	£220 <input type="checkbox"/>	£275 <input type="checkbox"/>
<b>Non Member Dentist Rate</b> Why not consider becoming a member and saving money? Visit <a href="https://www.bsrd.org.uk">www.bsrd.org.uk</a> for details.	£390 <input type="checkbox"/>	£440 <input type="checkbox"/>
<b>Non Member Concessionary Rate</b> (StR, DCT, DFT, Full-time postgraduate students and DCPs) Why not consider becoming a concessionary rate member and save money - visit <a href="https://bsrd.org.uk">bsrd.org.uk</a> for details.	£320 <input type="checkbox"/>	£370 <input type="checkbox"/>

If applying for a reduced rate, please ask your Head of Department/Educational Supervisor/Trainer (if appropriate) to complete the following:

I confirm that		is a registered full-time postgraduate student, DFT, StR
at (name of practice/institution)		
Signed (Signature of Educational Supervisor/Head of Department)		
	Date	

## General Information

### Registration

Secure online registration is available at [www.bsrd.org.uk](https://www.bsrd.org.uk).  
Alternatively, please complete the attached application form and post to James Smith, Administrative Secretary, The British Society for Restorative Dentistry, 96 Kings Avenue, Woodford Green, London IG8 0JG

### CPD

The conference will attract 6.5 hours of verifiable CPD. You will be contacted after the event via email to provide feedback and to receive your CPD certificate.