

# BRITISH SOCIETY FOR RESTORATIVE DENTISTRY CLINICAL CHOICES

FRIDAY 8th MAY AND  
SATURDAY 9th MAY 2009



ROYAL COLLEGE OF  
SURGEONS OF  
EDINBURGH

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# BRITISH SOCIETY FOR RESTORATIVE DENTISTRY

## SPRING SCIENTIFIC MEETING – CLINICAL CHOICES

*Dear colleague*



It is with great pleasure that I invite you to the 41st Spring Scientific meeting of the British Society for Restorative Dentistry. The meeting will be held at the new conference facilities in Quincentenary Hall of the Royal College of Surgeons of Edinburgh.

The programme focuses on clinical choices and I am delighted that we have been able to attract Dr Harald Heymann from North Carolina as well as Dr Penny Hodge, Prof Robin Downie and Prof Steve Westland from the UK. For the first time at one of our meetings there will be a hands-on masterclass which will be led by Dr Alex Milosevic.

I look forward to welcoming you to Edinburgh in May 2009.

**Ann Shearer**  
President-elect



## Scientific Programme

### FRIDAY 8<sup>th</sup> MAY

12.30	Registration, lunch and trade exhibition
13.30	Annual General Meeting
13.55	Welcome by the President Dr Ann Shearer
14.00	Adhesive Dentistry Dr Harald Heymann <i>Separating fact from fiction</i>
15.00	Tea and trade exhibition
15.30	Mouthwashes Dr Penny Hodge <i>Do they work and should we use them?</i>
16.30	Close
19.30	Drinks reception followed by conference dinner

### SATURDAY 9<sup>th</sup> MAY

09.30	Registration, refreshments and trade exhibition
10.00	Colour in Dentistry Prof. Stephen Westland <i>Choosing the right shade time after time</i>
11.30	Coffee and trade exhibition
12.00	Decision making Prof. Robin Downie
13.00	Lunch and trade exhibition
14.00	Conservative aesthetic concepts Dr Harald Heymann <i>for non-extreme makeovers</i>
15.30	Panel discussion
16.00	Tea and close

## MasterClass

### FRIDAY 8<sup>th</sup> MAY 2009

10.00 - 12.30	Hands-on MasterClass - Ceramic restorations (Lava) for management of the severely worn dentition Dental Surgical Skills Training Suite, The Royal College of Surgeons of Edinburgh Dr Alex Milosevic
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## Speakers



### Harald O. Heymann, D.D.S., M.Ed.

Dr. Heymann graduated from the University of North Carolina School of Dentistry. He is the past Chairman of the Department of Operative Dentistry and currently is Professor and Director of Graduate Operative Dentistry at the UNC School of Dentistry.

Dr. Heymann is particularly active in the clinical research of esthetic restorative materials and participates in a dental practice devoted largely to esthetic dentistry.

He is a member of Academy of Operative Dentistry, the International Association of Dental Research, and is Past-President and a Fellow of the American Academy of Esthetic Dentistry. He is also a Fellow in the International College of Dentists, the American College of Dentists, and the Academy of Dental Materials. He also serves as a consultant to the ADA.

The author of over 180 scientific publications, Dr. Heymann also has authored a number of textbook chapters on conservative esthetic techniques and is Co-Editor of The Art and Science of Operative Dentistry. Dr. Heymann is also the Editor-in-Chief of the Journal of Esthetic and Restorative Dentistry. Dr. Heymann has given over 1,000 lectures on various aspects of esthetic dentistry worldwide, is a guest lecturer at the L.D. Pankey Institute, a Board Member of the CRA Foundation, and has received the Gordon J. Christensen Award for excellence as a CE speaker.



### Dr Hodge

Dr Hodge is a graduate of the University of Edinburgh. She was awarded her PhD by the University of Glasgow in 1999. She is currently a clinical lecturer at Glasgow Dental Hospital and School and works part-time in specialist periodontal practice. Dr Hodge's main area of research is risk factors for periodontitis including smoking, diabetes and genetics.

She is a member of the British Society of Periodontology, and is a past Council Member. She is also a member of the International Association for Dental Research and the British Society for Dental Research, and is currently a member of the Management Committee.

Dr Hodge has published widely in the dental literature. She has lectured on risk factors for periodontitis as well as other topics of interest to periodontology locally, nationally and internationally at research meetings and to learned societies.



### Robin Downie

Robin Downie is Honorary Professorial Research Fellow and Emeritus Professor of Moral Philosophy at Glasgow University. For many years he taught ethics to medical, dental and nursing undergraduate and postgraduate students, and has been a Visiting Professor in medical ethics in Vancouver, Sydney and Hong Kong. He is particularly interested in using the humanities in health care education and runs an evening Literature and Medicine group. Some of the material discussed in this group has been published in an anthology entitled The Healing Arts: an Illustrated Oxford Anthology (Oxford, 1994, pb. Oxford 2000), and (with Jane Macnaughton) Bioethics and the Humanities: Attitudes and Perceptions (Routledge-Cavendish, 2007.) He is the author or joint author of many books and articles on other health care issues, such as Healthy Respect (with Sir Kenneth Calman) (Oxford, 1994), Clinical Judgement: Evidence in Practice (with Jane Macnaughton) (Oxford, 2000), The Philosophy of Palliative Care: Critique and Reconstruction (with Dr Fiona Randall) (Oxford 2006). (This book won the Medical Journalists' Association Prize in 2007 for the best medical book of the year.)



### Stephen Westland

Stephen Westland holds the Chair of Colour Science and Technology at the University of Leeds. His research interests include colour measurement, colour harmony, colour management, tooth whiteness, and computational modelling of colour vision. He has written over 100 refereed articles in colour science, is the author of several book chapters and the book "Computational Colour Science" published by John Wiley, and is the academic editor of Colour: Design and Creativity. He has conducted research the measurement of tooth whiteness using digital cameras, numerical methods for the assessment of tooth whiteness, and the colour assessment of teeth and oral systems.



Mrs Charlotte O'Sullivan  
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 Bristol  
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Ten Hill Place Hotel  
 Edinburgh  
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## How to get to Surgeons' Hall Complex

The College is situated in the City Centre, approximately 10 minutes walk from Princes Street or the Castle.

### By Road

Once onto The City of Edinburgh Bypass (A720, signposted Berwick Upon Tweed, Edinburgh East and North, Leigh) travel 1.48 miles then branch left at Straiton Junction, at the roundabout take the 1<sup>st</sup> exit onto Burdiehouse Road (A701, signposted City Centre). Continue forward onto Burdiehouse Road, entering Edinburgh. At Kaimes Junction continue forward at traffic signals onto Howden Hall Road (A701, signposted City Centre). Continue forward onto Howden Hall Road, from here the route is fairly straight and you will continue through Liberton Gardens, Liberton Brae, Liberton Road, Craigmiller Park, Mayfield Gardens, Minto Street, Newington, South Clerk Street, Clerk Street. then head onto Nicolson Street and turn right onto West Richmond Street, turn left onto Richmond Place, turn left onto Hill Place and you will have reached Surgeons' Hall Complex.

For routes to Surgeons' Hall Complex from where you are, route planners on the following websites are useful.  
[www.rac.co.uk](http://www.rac.co.uk) [www.theaa.com](http://www.theaa.com)

### Parking

You will find short-term pay and display spaces throughout Edinburgh city centre. There are almost 500 pay and display machines and about 5,500 parking spaces in Edinburgh. Depending on the location, parking costs £0.70 to £1.80 an hour. Each machine displays the maximum time you can stay, and no change is given. There are metered parking spaces Roxburgh Place, and Chambers Street. There is also parking in Nicolson Square beside the Clydesdale Bank for approx £7 per day. Please visit [www.edinburgh.gov.uk](http://www.edinburgh.gov.uk) and select Transport down the left hand side of the page.

### Car Parking – NCP St Johns Hill

Ten Hill Place have a discount scheme with NCP at St John's Hill. There is a validation machine located in the hotel reception. Please bring your car parking ticket before going to collect and 20% discount will be given.



- Start out at 10 Hill Place, Old Town
- Turn left onto Richmond Place
- Turn right onto West Adam Street
- Bear right onto East Adam Street
- Turn left onto Pleasance
- Turn right onto Holyrood Road & it will be the 1<sup>st</sup> right

Length of stay	Prices	with 20% discount
0-2 hours	£1.70	£1.36
2-4 hours	£4.20	£3.36
4-6 hours	£5.00	£4.00
6-9 hours	£6.60	£5.28
9-12 hours	£8.70	£6.96
12-24 hours	£9.80	£7.84
5pm-9am		£3.50

### By Rail

Edinburgh Waverley Station is 10 minutes walk from the College.

A taxi rank is located at platform 11 in the station. A Taxi to Surgeons' Hall Complex would cost approximately £3.50

Train times can be checked using the contact details below.

National Rail Enquiries: 08457 48 49 50

[www.nationalrail.co.uk](http://www.nationalrail.co.uk) or [www.thetrainline.com](http://www.thetrainline.com)

### By Air

Edinburgh Airport is situated to the West of the city, 8.3 miles from the City Centre.

The Airport Bus terminates next to Waverley Train Station and takes approximately 25 minutes. Please see timetable below:  
 Adult Fare is £3 single, £5 open return. Child (5-15 yrs) is £2 single, £3 open return.

### Edinburgh Airport to City Centre

#### Monday to Saturday

0045	0145	1245	0345			
0450	0510	0530	0550	0610	0630	0650
Then every 10 minutes or more frequently until						0020

#### Sunday

0045	0145	0245	0345	0450	0520	0550
0620	0640	0655	0710	0725	0740	0755
0810	0825	0840	0855	0905	0915	0925
Then every 10 minutes or more frequently until						0020

Taxi services take from 30–45 minutes depending on peak time traffic, please contact Central Radio Taxis: 0131 229 2468 or City Cabs: 0131 228 1211 for costs.



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